


KARLSTADS KOMMUN

Sport	Sport arena	Year of birth	Discipline	Quantity of participants
Handball	Karlstad Innebandy arena	2004-2005	Girls + Boys	1 team girls + 1 team boys/region, (14 player's per team) 1-2 coaches/team)
Basketball	Fröding Arena	2004-2005	5 vs 5 player's.	1 team girls + 1 team boys/ per region (maximum 12 players/team), 1- 2 coaches/team.
Football	Kroppkärrs IP	2004 2005	Girls + Boys Girls + Boys	1 team girls + 1 team boys/region 1 team girls + 1 team boys/region (1-2 coaches/team) 11 players + 5 substitutes
Table Tennis	Marieberg/ Hultsberg	2004-2005, 2002-2003	Girls age 14-15 Boys age 14-15 Girls age 16-17 Boys age 16-17	2 girls 2 boys 2 girls 2 boys = 8 athletes/region 1-2 coaches/region
Table Tennis	Marieberg/ Hultsberg		Para R1-5, S 6-10 (More information will come soon)	2 boys + 2 girls/discipline/region 1-2 coaches/region
Badminton	Racketcenter	2002-2003, 2004-2005	Boys Single, Boys Double, Girls Single Girls Double	2 boys + 2 Girls/discipline/region 1-2 coaches/region

Tennis	Racketcenter	2004-2005, 2002-2003	Mixed competition, single + double (mixed = boy and girl in the same team) Every game = 1 single girl + 1 single boy + 1 mixed double.	1 team á 4 players/region, 2 girls, 2 boys 1-2 coaches/region
Orienteering	Fröding Arena + Vålberg	2004-2005, 2002-2003	Middle distance, sprint, mixed sprint relay. Girls age 14-15 Boys age 14-15 Girls age 16-17 Boys age 16-17	4 girls + 4 boys/discipline/region 1 girl + 1 boy/region 1-2 coaches/region • All participants can run all distances.
Archery	Långenäs	2004-2005, 2002-2003	A total of 16 classes are possible each day of competition: Barebow/Recurve/Compound/Longbow Boys: Born 2004+2005 and 2002-2003 Girls: Born 2004+2005 and 2002-2003 -Saturday SBF 70/50, 2x36 Arrows -Sunday Field Archery 12 marked distances	Each day of competition has a maximum of 44 individual athletes. 5 athletes/region is guaranteed a place, max 8 athletes/region 1-2 coaches/region
Athletics	Tingvalla	2004-2005	1. 80m 2. 300m 3. 800m 4. 2000m 5. 80m Hurdles 6. Long Jump 7. High Jump 8. Pole Vault 9. Shot Put 10. Javelin 11. 4x80m Relay	1 boy and 1 girl/discipline/region 1-2 coaches/region
Para		12 years- 25 years	Shot Put 100 m 300 m 800 m Long Jump	1 boy and 1 girl/discipline/region 1-2 coaches/region

Judo	Sundsta	2002-2004	<p>Boys weight class:-46, -50, -55, -60, -66, -73, -81, -90 och +90,</p> <p>Girls weight class: -40, -44, -48, -52, -57, -63 , -70 och +70</p>	<p>12 girls + 12 boys per region.</p> <p>1-2 coaches/region</p>
Wrestling	Sundsta	2002-2005	<p>Greco-Roman wrestling</p> <p>Freestyle wrestling</p> <p>Women Freestyle</p> <p>Weight classes:</p> <p>Boys: 41/45, 48, 51, 55, 60, 65, 71, 80, 92, 110</p> <p>Girls: 36/40, 43, 46, 49, 53, 57, 61, 65, 69, 73</p>	<p>Total 120 wrestlers for the competition. If the total number of participants will be more than 120 we will selected so that every country has the same amount of participants.</p> <p>1-2 coaches/region</p>
Karate	Frödingskolan	2002-2003	<p>Kumite Girls -53 kg, - 59 kg, + 59 kg</p> <p>Kumite Boys -61 kg, - 68 kg, + 68 kg</p> <p>Kata Girls</p> <p>Kata Boys</p>	<p>2 girls/discipline + 2 boys/weight class</p> <p>2 girls / region</p> <p>2 boys / region</p> <p>1-2 coaches/region</p>
Swimming	Sundsta	2004-2005	<p>50 M freestyle</p> <p>100 M freestyle</p> <p>200 M freestyle</p> <p>200 M IM (Individual medley)</p> <p>100 M Backstroke</p> <p>100 M Breaststroke</p> <p>100 M Butterfly</p> <p>4* 50 M relay medley (mixed)</p> <p>4 * 100 M relay freestyle (mixed)</p> <p>Para will be included in individual distances - more information will come soon.</p>	<p>7 boys and 7 girls / region including para.</p> <p>1-2 coaches/region</p>

- We will organize referees to all sports, if Your organization wants to bring referees please let us know.

- Let us know Your wishes on bringing own doctors or masseurs.
- Coaches, 1-2 per sport/region. The fee for the coaches is the same as for athletes, 100 euro. They will also share rooms, double or triple.